



The American Red Cross is hosting a blood drive! Due to the urgent need for blood donations, we would like to invite you to come out and make a difference by giving the gift of life and donating blood.

You are invited to donate:

Thursday, March 18
American Red Cross Blood Drive
Sponsored by Valley Forge Presbyterian Church
1pm to 7pm
Sign up online at:

<http://www.membersforlife.org/pennj/schedule/login.php?sponsorcode=1697>

Donors must be at least 16 years old (In Pennsylvania with parental consent) and weigh at least 110 pounds. Federal Regulations require 56 days between regular whole blood donations.

Please visit <http://www.redcrossblood.org/donating-blood/eligibility-requirements> for a list of these eligibility requirements.

Thank you for your support.

American Red Cross